

The Glance

NVHC's Quarterly Magazine

High Holy Days 5784 | 2024

SEE INSIDE
High Holy Days
Information

INSIDE THIS ISSUE

- Entering 5785 Post October 7th 5784
- Life-Cycle Events
- *Shofar* and *Tashlich* – Calling To and From Our Depths
- Hearing the *Shofar*: NVHC's Congregational Investigation for Elul
- The Holidays Continue!
- Save the Date
- Thank you! Thank you!
- NVHC's Library Project is Moving Forward
- Celebrating Us
- Social Action Committee
- Women of NVHC
- *Tzedakah*
- New Members



CONTENTS

3

Entering 5785 Post
October 7th 5784

4

Life-Cycle Events

5

Shofar and Tashlich –
Calling To and From
Our Depths

7

Hearing the *Shofar*:
NVHC's Congregational
Investigation for Elul

8

High Holy Days

11

The Holidays Continue!

12

Save the Date

13

Thank you! Thank you!

14

NVHC's Library Project is
Moving Forward

15

Celebrating Us

16

Social Action
Committee - NVHC
Change – Meet the
Reproductive Rights
Team

19

Women of NVHC -
Get Ready to Join Us
for Another Great Year!

20

Tzedakah

23

New Members

Nitzavim Capital Campaign Hard at Work!





Entering 5785 Post October 7th 5784

By Rabbi Michael G. Holzman

After this momentous year for the Jewish people, how do we enter 5785? After all, the initial horror of October 7th occurred on Simchat Torah, in the closing moments of last year's High Holy Day season. We might be tempted to say, "Thank God, that's over!" Can we just move forward, leaving behind this dark time in Jewish history, focusing instead on the rebuilding that will be necessary in the year ahead? And yet, as I write this in August, the suffering feels far from over. Perhaps 5785 is just a continuation of 5784.

Or maybe, by the time you read this, it will all be over, the hostages will have come home, enemies will be defeated, peace and security will abound for all, construction of a gleaming Dubai on the Mediterranean may have started . . . we can dream.

As Jews, we cannot enter the coming days without a powerful awareness of our new historic circumstances. And still, we cannot let the circumstances overwhelm the messages of this season. Rather, the rituals, the texts, the liturgy, the sounds, even the tastes and smells of the season should help us understand and make sense of those circumstances. So I offer four ways to enter this time; four Jewish ideas that emerge from High Holy Day traditions that I hope will shine a light on the path ahead.

First, we embrace the practice of reconnection. At its core, from Rosh Hashanah's command to hear the *shofar* to the practice of welcoming guests to the sukkah, this season is about being together.

This year reignited our need for community and our awareness of peoplehood. This year, in addition to our need to huddle together against the harshness of the world, we are also aware of our internal Jewish diversity. We have serious disagreements. And one positive outcome has been the powerful bonds that overcome the differences between us and Israelis, and between Jews on both sides of the world. We have seen a major effort from the NoVA Jewish communal institutions to work together, to build a shared ecosystem of Jewish life, and to reconnect Jews to each other and to Jewish peoplehood in our local community.

Second, we embrace the power of renewal. Rabbi Alan Lew, in his fantastic book *This is Real and You are Completely Unprepared*, teaches that the High Holy Days actually begin in the days following the destructions of Tisha B'Av (the holiday that commemorates the destruction of the 2nd Temple among other tragedies). From that low point, through the first day of Creation on Rosh Hashanah, through to the revitalizing break fast post Yom Kippur, to the sweet scent of the etrog, to the restart of the Torah on Simchat Torah, the entire season is about starting over, renewing the self.

The events of this year forced all of us to renew major parts of our Jewish selves. To some extent, before October 7th, many of us were guilty of failing to heed Psalm 137: “If I forget thee O Jerusalem, let my right hand wither and my tongue cleave to my palate.” Not anymore. Israel’s vulnerability and awesome resiliency have made that forgetting impossible. At the same time, October 7th has transformed our awareness of vulnerability here in the US, and the generational divides since October 7th have transformed our self-awareness of Jewish identity here in the US. When old assumptions fall, we renew our selves by learning and figuring out new assumptions to explain our place in the world. That starts in Elul, the month preceding the High Holy Days, and continues until we restart the Torah, seeking again and again wisdom to explain our lives.

Third, we must reflect. This might be the most obvious and most beloved piece of our High Holy Days, the annual series of reminders to look inward and do *cheshbon hanefesh*, the accounting of the soul.

5785 asks us to reflect about who we are and how Judaism can uplift our lives in the year ahead. Even after we reconnect, and even after we renew our understanding of our Jewishness, we must turn to the self and reconsider our commitments, our contributions, and our leadership. The post-October 7th world means that Jewish identity cannot easily remain passive. So we reflect on how we want to act in the year ahead.

Lastly, as we enter 5785, we turn to the power of repentance. This might be the most important framework the High Holy Days offer us right now. Because repentance is love’s essential partner. It is our way of remaining in relationship despite our errors.

October 7th left so many of us with a profound loneliness—separated from Israel, from non-Jews in America, from Israel’s haters, from people with whom we disagree, from our own understanding of the world—and the antidote is strengthened relationships with the people around us. But our new world is complex. We will have to bridge new disagreements. We will make mistakes. Repentance will be critical if our relationships are to thrive. Stay tuned for more on that topic.

“
**As Jews, we cannot enter the
 coming days without a
 powerful awareness of our
 new historic circumstances.**
 ”

I offer these four frameworks—reconnection, renewal, reflection, and repentance—as guideposts for the days ahead, ideas to help us process the messages of our tradition and apply them to the world around us. I cannot say for certain that these will be the right guideposts, as we have certainly entered a new Jewish reality post October 7th. But I can say that, by the time we stand in a circle on Simchat Torah, with our fingers delicately holding the edges of our sacred Sefer Torah, and we gaze upon each other’s faces, the journey of this season will strengthen us for whatever 5785 brings our way.

Lshana Tova u’Metukah. (May this be a good and sweet year ahead.) 🍀

NEW MEMBERS

A Warm Welcome to New Members

We extend a warm welcome to these NVHC newcomers who have recently become part of our family. Please be sure to make them feel at home when you meet them.

Allie and Matt Anderson	Evelyn Katz	Stacy Skitol
Judith Bernstein-Handjinicolaou	Lori & Wayne Muhlstein	Matthew Taube
David and Michele Cohen	Josh and Merri Stillman	Ken Thau
Rachelle Dorne	Casey Swartz and Patrick Kilbride	Blake Zelickson and Alison DiCiurcio
Michael Gordon	Ben and Catherine Rubenstein	
Rebecca Kalant-Kelling & Adam Ressa	Adam and Christine Skitol	

Shofar and Tashlich – Calling To and From Our Depths

By Cantor Susan Caro

Kol Shofar – the voice of the *shofar* (ram’s horn) – is a powerful way that our tradition calls us to wake us up during the High Holy Days, our Days of Awe. There is a momentous stirring that somehow, in a wordless way, opens something deep inside us as soon as we hear the sound of the *shofar*. It calls us to personal self-reflection in the midst of community, a unique ritual experience.

Another of our beloved customs of *Rosh Hashanah* is going to a body of water in the afternoon to symbolically “cast away” our sins through the ritual known as *tashlich*. This ritual stems from verses at the end of the Book of Micah (7:18-20) which refer to God “casting into the depths of the sea” all of our sins. The custom originated in medieval Ashkenaz (northern France and western Germany). After Rabbi Isaac Luria (16th c.) added a Kabbalistic explanation connecting the Micah verses to the 13 attributes of God to this custom, the ritual rapidly spread throughout much of the Jewish world. For our ritual, we bring crumbs of bread that represent the spiritual crumbs that block our spirits, and cast them off into the water, leaving our old shortcomings behind us, letting go of all that weighs us down and gets in the way of our becoming our best selves. Thus, we start the new year with a clean slate.

To truly ‘lose our sins’ in the deep water, we must plunge ourselves into the depths of our own souls, using the gear we have to help us. The gear of community, prayer, reflection, and ritual help us make our way towards the depths inside ourselves. It is not an easy journey; we need to have the strength, the will, the determination, and the oneness of mind to swim into ourselves, to see ourselves with compassionate truth, and then resurface stronger, purer, and wiser than before. Of course, that is the power of ritual: enabling us to connect on a physical level with a spiritual idea, to guide our thoughts from the motion of the ritual itself to the teaching it embodies.

A few years ago, during the pandemic, we began this journey of change by separating out the experience of hearing the shofar from the rest of the Rosh Hashanah morning service. We were outside in locations all over Fairfax and Loudon so that we could hear the shofar ‘in real time.’ It was a time when we really needed our spirits to be inspired and called by its sounds. What we saw was that having a set, focused time of hearing the *shofar* raised the signifi-

cance of this *mitzvah* (which is to hear it), so we continued with our separate ritual of *shofar* (keeping only a taste of its sounds during the Rosh Hashanah morning service.)

“

**The gear of community,
prayer, reflection, and ritual
help us make our way towards
the depths inside ourselves.**

”

Recognizing the powerful influence of being in nature in our already meaningful *tashlich* ritual, we will bring together the experiences of *shofar* and *tashlich* this year at NVHC in a new way. We are combining these two sacred moments into one fuller ritual on the afternoon of Rosh Hashanah. This will take place at Lake Fairfax Park, at a site that is new for us. This will provide a beautiful, more secluded outdoor spot where we will be able to listen to the calls of the *shofar* more deeply, then move seamlessly into our *tashlich* experience. We will conclude with each person being able to take their time to wonder and wander toward the water with their crumbs.

It is with hope and strength that we embark on the opportunities that each new year holds. The certain knowledge that we will try, we will strive, we will do many things well and good, but we will also stumble. Then we will pick ourselves back up and we will try again. For it is the trying, the trying to live as to serve God, to live our code of ethics that is important. The Reverend Dr. Martin Luther King Jr. wrote: “Take the first step in faith. You don’t have to see the whole staircase, just take the first step.”

With each new year we have again the opportunity to start fresh and to take that first new step on this righteous path. 🌿

PLEASE NOTE: We will not be bringing our 4-legged friends this year to any part of this sacred experience. Watch for a different opportunity to share Jewish time and practice with them around Lag B’Omer.



“On the third day, as morning dawned, there was thunder and lightning, a dense cloud upon the mountain, and a very loud blast of the horn...”

The sound of the shofar grew louder and louder; as Moses spoke, God answered in thunder.” (Ex. 19:16, 19)



Rosh Hashanah *Shofar* and *Tashlich* Service **Thursday, October 3, 3:30pm** **Lake Fairfax Park**

Join us in Lake Fairfax Park as we combine the powerful experiences of *shofar* and *tashlich* into one new outdoor ritual moment. Surrounded by nature, we will be able to listen to the calls of the *shofar* more deeply, then move seamlessly into *tashlich* by the waters of Lake Fairfax.



PLEASE NOTE: We will not be bringing our 4-legged friends this year to any part of this sacred experience. Watch for a different opportunity to share Jewish time and practice with them around Lag B’Omer.

Hearing the *Shofar*: NVHC's Congregational Investigation for Elul

By Rabbi Ashley Barrett

When I was in my fifth year of rabbinical school, I served a small congregation in Windsor, Ontario. I spent Shabbat with this community once a month, and, of course, during the High Holy Day season that fall. On my journey home after Rosh Hashanah, I packed up my car and headed for the Ambassador Bridge, ready to cross back into the States. I was growing accustomed to this new ritual in my life, but this time was slightly different from previous visits through the border control line. The agent asked me to pop my trunk and ended up going through my luggage. He found my *shofar* tucked within my jacket as a protective blanket. As he returned to the front of my car and gave my passport back to me, the agent inquired: “By the way – what’s that horn thing?” I quickly explained the *shofar* and its purpose. Still curious, he pushed one step further and asked if I could do it - if I could sound the *shofar*.

There, in my car on the Ambassador Bridge and at the border checkpoint, I sounded the *shofar*. When he responded “Good job,” I had to explain to this man that *shofar* is not about *me*, the person who turns the air into sound from the horn. Instead, its true essence lies in the experience of those who hear it—how the sharp call stirs the soul and awakens one to the profound essence of the holidays. The *shofar*'s power is not in the act of blowing but in the awakening; it inspires those who listen.

The *shofar* is our spiritual companion during the High Holy Day season. When we enter Elul, the final month before Rosh Hashanah and the new year, the *shofar* enters too. The *shofar* is part of the sounds of the holidays, punctuating each day and week and worship service. We sound a short blast each day of the month of Elul. It helps us count the time leading up to the High Holy Days. The *shofar*'s sounds say that there is both time left to prepare and yet so little time not to waste. This fleeting time is all the time we have to prepare ourselves to enter the new year together.

The *shofar* is arguably one of the oldest ritual objects in Jewish tradition. We read about its creation and importance

in Genesis during the Binding of Isaac. *Shofar* is used in the Torah to sound both the coming of war and the celebration of freedom. Rambam, centuries later, teaches us that the noise that pierces our ears and fascinates our minds



is saying: “*wake up, wake up!*” Our hollowed-out ram’s horn-turned-musical instrument has a rich textual legacy and many spiritual and emotional meanings for us today.

This fall, as we approach the coming new year, our congregation will wrestle with the meaning of *shofar* as we prepare for Rosh Hashanah and Yom Kippur. Periodically throughout the month of Elul, you’ll receive a video reflection in your inbox. Each of these reflections will offer you a take on the *shofar* from across our tradition. We invite you to join us on this journey of reflection on various aspects of the *shofar* ritual and symbolism as we prepare ourselves to enter the liturgy of the holidays. Our spiritual preparations during Elul are sometimes very very personal, but I encourage you to continue this dialogue and reflection even after you’ve watched each video. When we reach the High Holy Days, we will stand before God at the start of our New Year together as a community and face the unknown year ahead with each other. The personal meets the communal as we hear the *shofar*'s calls on the holidays and are awakened together to the possibilities of a new year. ❖

HIGH HOLY DAYS INFO CENTER

Elul

The Hebrew month of Elul is the last month before the High Holy Days of Rosh Hashanah and Yom Kippur. During this month, we can take time to prepare ourselves for those holidays. We can reflect on our process of *teshuvah*, the returning, renewing, and repenting that we each need to do for the past year in preparation for the coming year. We can take this month to review our actions, our lives, and engage in what our tradition calls *cheshbon hanefesh* - an accounting of the soul. We strive to elevate the spirituality in our lives, acknowledging our shortcomings and fragility, and apologizing to those we have wronged, including ourselves. We do all of this to grow as people and ready ourselves for the High Holy Days.

At NVHC, each year we come up with a new paradigm through which we journey through Elul with videos, discussion questions, text study, and more. Our journey this year focuses on the *shofar*. We will send videos from our clergy throughout the month telling a different story about the *shofar*, along with their thoughts about the story, a question to reflect on, and a source sheet for you to refer back to. We hope these videos are inspiring and helpful as you move along your own path of *cheshbon hanefesh*.

These videos will be sent via email and posted on our High Holy Days page beginning September 3. (www.nvhcreston.org/high-holy-days-5785)

S'lichot

SATURDAY, SEPTEMBER 28

Dinner - 6:00pm, Service - 7:00pm

S'lichot, meaning "forgiveness," is the first service of the High Holy Day season. Typically observed the Saturday night before Rosh Hashanah, it marks the first time we read communal prayers of repentance and forgiveness for the coming year.

Last year, we introduced the ritual of rolling our Torah scroll book by book to set it for the Rosh Hashanah Torah reading. We return to that ritual this year, pausing as we get to each book to hear part of the book being chanted and to reflect on a question unique to each book.

Join us for dinner followed by this meaningful, soul-filled service to help in our spiritual preparations.

The cost for dinner is \$20 per person and reservations are required.

Scan the QR code or go to <https://nvhc.shulcloud.com/form/slichot-dinner-2024> to make your reservation.





Rosh Hashanah

Wednesday, October 2

8:00pm – Erev Rosh Hashanah Service
In Sanctuary and online

Our community *Chesed* Scroll will be displayed
beginning Erev Rosh Hashanah.

Thursday, October 3

9:00am – Young Family Service
(suggested through 2nd grade)
In the Tent

10:30am – Morning Service
In Sanctuary and online

3:30pm – *Shofar & Tashlich* service
In person at Lake Fairfax Park

Yom Kippur

Friday, October 11

8:00pm – Kol Nidre
In Sanctuary and online

Saturday, October 12

9:00am – Young Family Service
(suggested through 2nd grade)
In the Tent

10:30am – Morning Service
In Sanctuary and online

1:45pm – Afternoon Study
In Person

3:30pm – Afternoon Service
In Sanctuary and online

5:00pm – Yizkor
In Sanctuary and online

6:00pm – Neilah
In Sanctuary and online

Experiences for Older Kids

As in past years, we invite children to join their families in the sanctuary for services. Together as one multigenerational *kehilah* (community), we will move through the liturgy of our *Machzor* (High Holy Day prayerbook). We will again offer a companion *Machzor* for children where they will find guiding reflection questions, poems, and prayers that align with *Mishkan HaNefesh*. Additionally, during the morning worship for both Rosh Hashanah and Yom Kippur, children will have the opportunity to move to the Multi-Purpose Room to engage in hands-on projects around the themes of the holidays. It's a chance for kids to join with friends and classmates to engage in the spiritual work of the High Holy Day season.

Important Links

Go to <https://www.nvhcreston.org/high-holy-days-5785> or use the QR codes below to register for services, purchase prayerbooks, sign up to volunteer, and more.

Please note: you will need to have completed your Annual Giving Pledge to be able to register for High Holy Day services.

Member Registration

To register, go to
<https://nvhc.shulcloud.com/form/high-holy-day-registration-5785.html>



Guest Registration

To register a guest, go to
<https://nvhc.shulcloud.com/form/high-holy-day-guest-registration-5785.html>



Volunteering

To do a mitzvah and help out with the High Holy Days, go to:
<https://nvhc.shulcloud.com/form/high-holy-day-volunteers-5785.html>



Yizkor Memorial Book

To have your loved one's name listed in the Yizkor Memorial Book, go to
<https://nvhc.shulcloud.com/form/yizkor-memorial-book-name-form-5785.html>



S'lichot Dinner

To RSVP for S'lichot dinner, go to:
<https://nvhc.shulcloud.com/form/slichot-dinner-2024>



Mishkan HaNefesh

To order a copy of *Mishkan HaNefesh*, our High Holy Day *machzor*, go to:
<https://nvhc.shulcloud.com/form/mishkan-hanefesh-order-form-5785.html>



THE HOLIDAYS CONTINUE!

Sukkot

Wednesday, October 16-Wednesday, October 23

We will have a variety of special events throughout Sukkot - here's a sampling, with more to come!

- Wednesday, October 16: Homelessness advocacy program
- Thursdays, October 17: Israeli desserts in the sukkah
- Friday, October 18: Erev Shabbat service and wine event in the sukkah

Simchat Torah, with Dinner and Yizkor

Wednesday, October 23, 6:00pm

Join us as we gather to rejoice in Torah! We'll have dinner then enter into lively celebration with music, dancing, and one of the highlights of the year: unrolling the entire Torah scroll, holding it as one community, and reading straight from the end of Deuteronomy to the beginning of Genesis. We will also pause to remember our loved ones who are no longer with us with Yizkor. Registration for dinner is forthcoming.

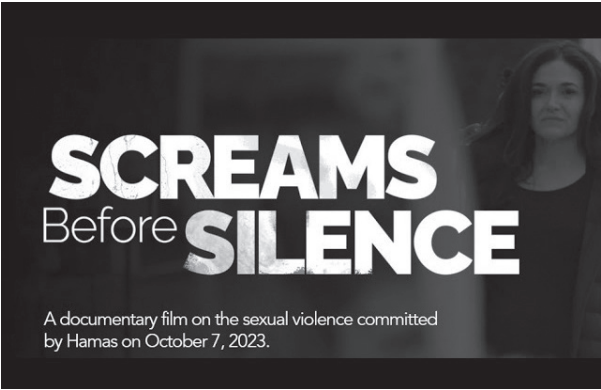


SAVE THE DATE

Screams Before Silence

September 8, 2:30-5pm

Women of NVHC and the Israel Team co-sponsor a screening of "Screams Before Silence," a documentary film about the sexual violence committed by Hamas on October 7, 2023. Sheryl Sandberg, former COO of Meta and founder of LeanIn.org interviews eyewitnesses, released hostages, first responders, medical and forensic experts, and survivors of October 7 to bring this atrocities to light. There will be time for discussion and debrief afterward.



Playground Ribbon-Cutting

September 15, 11:30am

Join us for a joyous morning as we reveal the first phase of our Plaza and Playground Project - our brand new playground! In tandem with Kehillat Limmud (religious school) families, we will celebrate this wonderful addition to our property with games and time on the playground for kids and grown-ups alike! *Brought to you by donations to the Nitzavim Campaign.*

NoVA Community-Wide Ritual to Honor the Anniversary of October 7

October 6, 7:00pm, Temple Rodef Shalom

We gather together with the rest of the Northern Virginia Jewish community for an evening of remembrance.



Growing Hope in Democracy

Sunday, October 20, 2:00pm

To overcome the tensions and stress and divisions that elections put on the principles of American democracy, the United States depends upon rituals that reaffirm our shared commitments to this endeavor of democracy, to each other, and to future generations. Growing Hope and Democracy: A Reston/Herndon Community Tree Planting brings together our entire community around the simple act of planting a ceremonial tree to demonstrate our commitment to democracy, to each other, and to future generations.

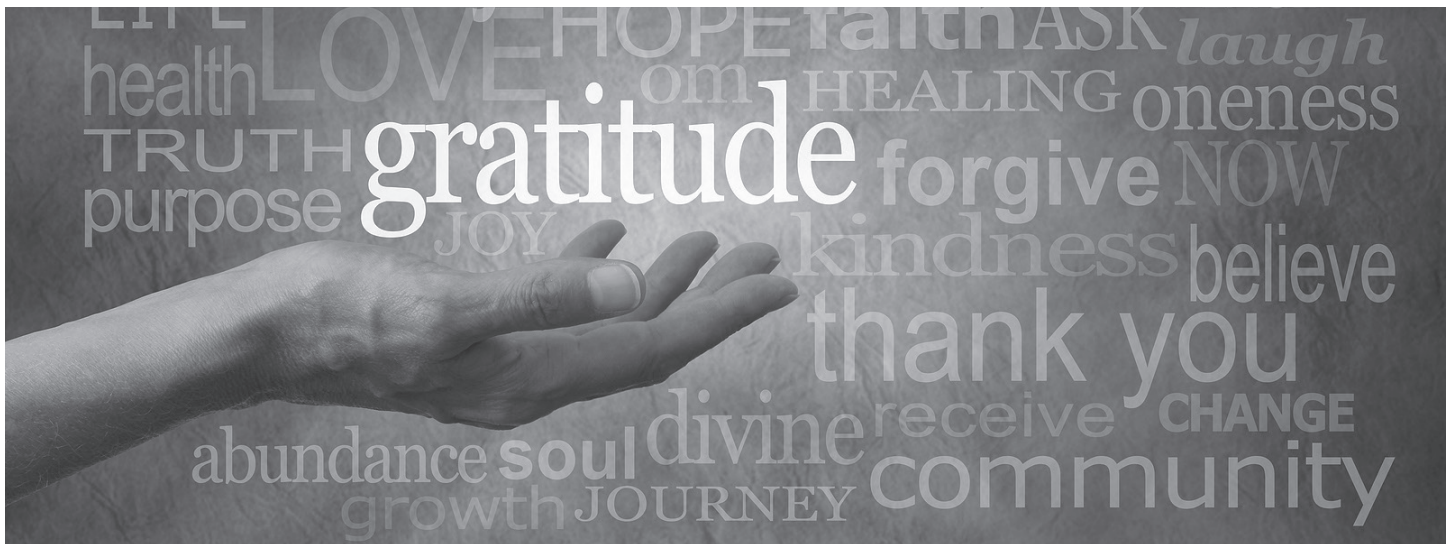
Shir Chadash: A Celebration of NVHC, Music, and 10 Years with Cantor Susan Caro

Saturday, November 9, 6:00pm

Featuring: Julie Silver, one of the most celebrated and beloved performers of contemporary Jewish music.

Interested in becoming a sponsor of this event? Your donation will help us make this a special evening for our entire community. Please contact Elizabeth Lacher president@nvhcreston.org for more information.





Thank you! Thank you!

By Elizabeth Lacher

My heart is bursting with gratitude! Earlier this summer we kicked off our Annual Giving campaign. As you probably already know, Annual Giving is our single most important source of revenue, accounting for about 64% of our income.

You've likely noticed we took a new approach to Annual Giving this year. Because our Annual Giving is voluntary—meaning that we do not specify a required level of giving—this year we provided giving tiers to help each of our 480 member households determine a giving level that is right for them. Our goal was to show how our expenses could be met by certain amounts of giving at each level, with the goal being to increase overall Annual Giving by at least 10% over last year.

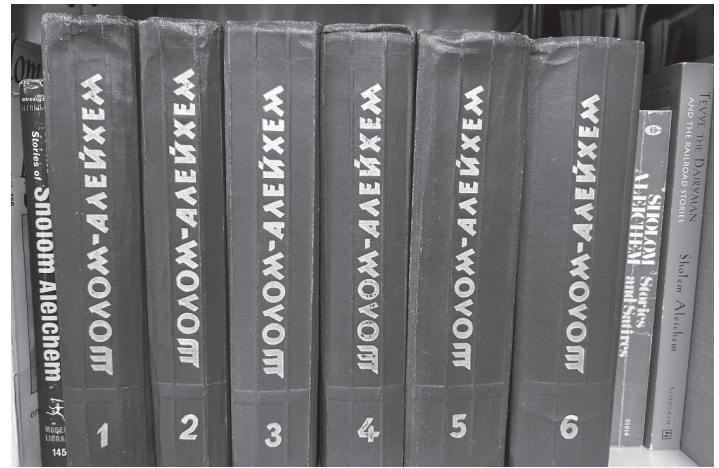
I'd like to take this time to say thank you to the nearly 300 member households who responded so promptly and generously. As in the past, our community is very generous when our financial needs are clear. About half of those who have pledged already increased their pledge by 10% or more, and about two-thirds have provided some increase over last year. Many congregants stretched to a giving tier above what they gave last year.

For those of you who have not yet responded, we need your support and commitment to continue to be a thriving hub of Jewish life in Northern Virginia. Please review the materials you received in the mail or review your account in ShulCloud (nvhc.shulcloud.com). We hope that like many of your fellow congregants, you too will increase your Annual Giving. Your timely response will help us plan for the year ahead.

If you are wondering why your financial support to NVHC matters, I want to share with you what I hear from members about why they give to NVHC:

- I give to NVHC because of what it has meant to me and my family over the years. I want NVHC to continue to be here for the next generation of Jews.
- I give to NVHC because of the way I have been welcomed by this community. Though I was born Jewish, I lived most of my adult life not knowing very much about Judaism or Jewish values. Now I feel connected to my Judaism in a way I never did before.
- I belong to NVHC because I want my children to know that they are Jewish and what it means to be Jewish. I want them to know other Jews.
- Even though I was not born Jewish, NVHC has embraced me and we feel at home!
- When I give to NVHC, I think about my grandchildren who are already young adults and looking for ways to connect to their Judaism.
- I give to NVHC because of the way NVHC members gathered around me during my time of grief. Everyone deserves to be cared for in the way that I was.

For all these reasons, and the many other reasons that people give to NVHC, I say thank you, ***todah rabah*** (thank you very much)! ❖



NVHC's Library Project is Moving Forward

By Deb Smith-Cohen

A new library committee has been formed to refresh the NVHC library so it can continue to serve its mission of maintaining “a broad, current, inviting collection of print and visual resources on aspects of Jewish thought, practice, history, and experience for access and use by NVHC congregants of all ages.” For several decades our library was lovingly cared for by our volunteer librarian Ted Smith, z'l, who died in 2022. Now, new software and a review of the collection is in progress.

In the past year, clergy, committee volunteers, and members of our teen Confirmation class have reviewed many books and other materials in the library - distinguishing between those with ongoing interest, those that should be removed due to inaccuracies or poor condition, and those that require holy burial due to their sacred content.

We have now completed curation of the children's collection, entering titles into a new library database that will be available for online searching and enable members to check out books. Book labels have been printed to describe each

item and its location in the library. We are now moving on to adult fiction and nonfiction. We look forward to reporting more progress toward a renewed library to inspire exploration and discovery, Jewish literacy, and wisdom.

- Are you interested in knowing more about the library project or how you could help on an upcoming work date (usually on a Sunday afternoon)? Just contact any committee member.
- Do you have books that might be added to the collection? Please hold onto them for now. We'll be accepting them soon after clarifying our needs and the limits of what our collection can accommodate.
- Financial donations for maintaining and adding to the library can be made to the Talmud (Learning) Fund.

Library Committee members include all of our clergy, Andy Lacher, Stu Williger, Andrew Stein, Ruth Ann Whalen, and me. 🌱

Celebrating Us

By Lisa Folb & Elizabeth Lacher

Any time you come to an event at NVHC, the positive energy of community is tangible. There is always a friendly face, a conversation, and a feeling of spiritual connection to our congregation, our shul, and our Jewish identity. We have so much to be grateful for, and so much to celebrate.

If you have been looking for ways to be a more integral part of that feeling, come and help us keep building this amazing community. NVHC runs (in part) on volunteer power! There are new volunteer opportunities coming this fall. If you are interested in helping make NVHC special, please send an email to vpadmin@NVHCReston.org or go to our website (www.nvhcreston.org) and click the “Volunteer” button.

Welcome Team

We have done it! We have built a reputation as a welcoming community. We have new members joining every month and we hear all the time that a big component of why they join is because we are so welcoming. We want to make sure that our new members find their way to connection and meaning in how they become part of our community. We have set up a team to help with welcoming them and mentoring them to find a path to connection. We are looking for people to volunteer to help us grow this team. Hang out before/after Shabbat services, make some calls, get to know our new members... if that's you, come and join us.

High Holy Day Ushers

Experiencing High Holy Days at NVHC is remarkable. The journey of meaning we take together, led by our clergy, allows us to connect with our spirituality and our Jewish identity. It takes a village to coordinate and organize all the parts and logistics of hosting so many for services. If you can come early to help with directing in our parking lot or

helping people find seats, scan the “Volunteer” QR code in the High Holy Days section of this Glance.

Religious School Traffic Assistants

We love that families choose NVHC as the place for their children to create connections with other Jewish children and experience what it means to live a Jewish life. A crucial part of Sunday mornings is the need to coordinate the safe arrival and departure of all our children. If you will be here anyway and can come early or stay late to help with drop-off and pick-up, we are looking for people to help coordinate and direct the traffic to make the process safe and efficient. Can you help?

Celebrate Cantor Caro

We have been blessed to have the spiritual guidance of Cantor Caro for 10 years! On November 9, we are celebrating her and everything she adds to our experience here at NVHC. We have a party planning task force and would love to have your help organizing and making the event happen.

Playground Ribbon-Cutting

Our Plaza and Playground project is taking shape! Our first completed phase will be the playground which we are going to celebrate on September 15 in tandem with the first day of Kehillat Limmud (religious school). We have a committee that is scheming up some fun ways for kids and adults to have some playground fun. We would love your help on the day to make all this fun happen.

However you have time or want to participate in building our community, we have something for you - one-off volunteer actions at an event, long-term participation on a team, and more.

Volunteering is the easiest way to get to know people. Knowing people is how you find and feel belonging. We want you to belong - please join us! 🙌



NVHC Change

Ellen Ranard

As our High Holy Days approach, we begin to hear about *t'shuvah*, repentance. *T'shuvah* literally means “turning,” a process of looking internally and trying to re-turn to our best selves. We turn to look back at the previous year to see where we fell short, how we might want to change, what we can do better. How can we bring more purpose and meaning into our lives? What will inspire us?

NVHC Change, our very active social action committee, has lots of ideas for you. You can donate, volunteer on a team, or opt for a one-time opportunity. Have ideas? We'd love to hear from you. Read about us here: <https://www.nvhcreston.org/engage/social-action/> and contact us at SocialAction@NVHCReston.org.

We think our volunteers and donors say it best, and they were happy to share their thoughts and experiences with you. From all of us at NVHC Change, we wish you a sweet, purposeful and meaningful new year. *L'shanah tovah ti-kateivu!* (May you be inscribed for a good year!)

Jordan Gross

I am so impressed by everything that NVHC Change does. I have always found value in volunteering and know that the world needs resources - time, energy, and money - from those who have it to share with others.

While donating is just part of that equation, I really enjoy participating in volunteer activities. The rice and bean packing event was a lot of fun, and we got to help people out while doing it. There are so many causes that I care about such as food insecurity, environmental protection, and human rights to name a few. I look forward to volunteering at Reston Pride next! Thanks for all you do!

Kris Rose

I contribute to the Tikkun Olam campaign because it's the right thing to do. Because I frequently travel for work and don't often have the time to devote to synagogue activities, contributing to the campaign is my way of helping.

One of the reasons for my conversion to Judaism was because of the prominent role that social action plays in the day-to-day life of a Jew. Making a meal, whether it's for a sick member of our community or a stranger at the home-

less shelter, allows me to contribute to the greater good by doing something very basic. It helps me better to connect to the community we live in and feel part of a positive action, especially in a world of so much negativity.

Danielle Spitzer

While all of NVHC's social action initiatives are critically important, the ones that mean the most to me are those involving support for vulnerable and marginalized members of our local community—immigrants, the unhoused, LGBTQIA+ people, and so on. Extending support, compassion, and allyship to these vulnerable groups is impactful, both tangibly and intangibly. Helping others and reaching out reminds me that neither hope nor humanity are fully lost during these dark times.

Stuart Williger

When I spoke with Rabbi Holzman during his visit before his selection and just before my Presidency, I felt that we needed to do more outside of the temple than our nominal Reston Interfaith participation. With his leadership and a strong SAC team, we have come a long way. Thank you for your efforts.

I started my contributions to the Tikkun Olam Campaign in 2012 when I asked the Board to fund our important VOICE efforts at the time. Hannah Newcomb and I told the board we would put our money where our mouth was by donating for that cause. That eventually morphed into the Social Action Committee and the expansion beyond VOICE has been wonderful.

Jane Torman

A number of years ago, I heard a rabbi answer the question, “What does it mean to be Jewish?”

He replied, “To be Jewish, you must be part of a Jewish community.”

I would add that to be part of the Jewish community, you cannot NOT be part of social action.

Tikkun olam permeates all aspects of Jewish life, whether spiritual, educational, or social.

At NVHC, there are many ways to participate in being part of that community. For me, working with the Reproductive

Rights Team (part of NVHC Change) has made it possible to support a cause that resonates deeply with me and many of our congregants.

By providing Comfort Care kits for abortion patients, I am showing support in a battle that my generation thought was won 50 years ago. Alone, I cannot stand up to the Supreme Court, but together with my community dedicated to NVHC Change and Tikkun Olam campaign, we are helping 160 women every year.

Barbara and Chuck Leven

Although we give to several other causes, we feel that the

Tikkun Olam campaign allows us to make contributions that we know will directly assist people. We are confident that the causes we support through the Tikkun Olam campaign have been identified and vetted carefully, and that our contributions as part of the campaign will be more impactful than individual contributions.

Important to us are social actions that help our neighbors, as well as those that can have a broader positive effect. Curbing gun violence, feeding the hungry, and protecting rights are important concerns for us.

Thank you for all the Social Action Committee does for NVHC and in making our world a better place. 🌟



Emergency Food Pantry

SHOPPING LIST

Low sodium, low fat, fat free, sugar free and organic items are always appreciated for our clients with dietary concerns!

Non-perishable Food:

- Brown Rice
- Cereal, Oatmeal, breakfast items
- Peanut Butter and Jelly
- Wild Rice
- Quinoa
- Chia seeds
- Kidney and black beans (dry)
- Canned fruit
- Canned vegetables
- Canned Tuna, Salmon, Chicken, Ham
- Tea, Coffee (regular & decaf - instant)
- Snacks (crackers, fruit & granola bars, etc.)
- Sugar, honey, flour, salt, spices
- Condiments (mayo, ketchup, mustard, etc)
- Canola Oil & Olive Oil
- Soy Milk or Almond Milk

Hygiene Items:

- | | |
|---------------------|-----------------|
| • Toilet Paper | • Soap |
| • Deodorant | • Shampoo |
| • Toothpaste | • Toothbrushes |
| • Laundry Detergent | • Feminine Pads |

Baby Items:

- | | |
|-----------------------|--------------------------|
| • Diapers (all sizes) | • Baby Wipes |
| • Formula (Similac) | • Baby Food (all stages) |

Support NVHC’s Annual High Holy Day Food Drive!

Our neighbors need our help! Again this year during the High Holy Days, we will be collecting non-perishable food and toiletries for the Cornerstones Emergency Food Pantry. To the left is a list of what items they need. Remember that low sodium, low fat, sugar free, and organic items are appreciated for their clients with dietary concerns.

Grab a grocery bag (or several!) on Rosh Hashanah, fill it with food, and then drop it off inside the lobby at NVHC any time between Rosh Hashanah and Yom Kippur. Thank you for helping our neighbors in need!



NVHC Change: Meet the Reproductive Rights Team

NVHC Change supports reproductive rights for women, grounded in the careful reading of text and tradition. As Jews, we believe in human dignity and we are committed to acts of *chesed* - loving kindness. Ellyn Krause-Pontell and Dominique Cytryn lead the Reproductive Rights Team, with assistance from Jane Torman on the comfort care package project. The team recruits volunteers to support both the caregivers and those who need care at the Falls Church Health Care Center, and they offer three options for volunteering.

1. A number of congregants participate in a monthly Pray Your Values vigil with other local Reform synagogues at the Center, led from time to time by our clergy. This 6:15am service on Shabbat morning is a way to support abortion access and justice for women. As staff and patients arrive at the Center, our group is there offering songs and prayer in solidarity. Participants report that it is a powerful act of advocacy and kindness, being there in person to bolster those who may need strength.
2. The team hosts gatherings at NVHC quarterly for volunteers to assemble comfort care kits for patients at the Center. Together, they write notes of encouragement, make friendship bracelets that they hope will alleviate some of the patients' pain and heartache, and put together bags of items meant to show caring. As Jane Torman says, "By providing comfort care kits for abortion patients, I am showing support in a battle that my generation thought was won 50 years ago. Alone, I cannot stand up to the Supreme Court, but together with my community dedicated to NVHC Change and *tikkun olam*, we are helping 160 women every year."
3. Volunteers bake treats quarterly for the staff at the Center, to show our appreciation and support for their vital work. Individually wrapped homemade goodies say "we care" in a fundamental way.

Each of these volunteer efforts includes NVHCers of all ages. A mother/daughter team, younger women, people in mid-career and retirees, all joined in a common purpose. They draw strength and inspiration from one another,

share stories and experiences, and create community within our congregation. The volunteers' work is a personal statement of their values, and their camaraderie strengthens their resolve.

The Reproductive Rights Team welcomes your participation. Sign up to volunteer, get to know other like-minded congregants, and know that you will make a real difference in people's lives. For more information or to be added to their email list, contact Ellyn Krause-Pontell at krausepontell@gmail.com. 🌱



Get Ready to Join Us for Another Great Year!

By Peggy Nelson



The Women of NVHC are excited to kick off another year of creating connections and memories with all our members!

We welcome and encourage all the women of NVHC to join our vibrant and energetic group. We think the connections you make and the support you receive will be the steadfast backing that we all need to feel a sense of warmth, acceptance, and belonging, as well as support us through all the ups and downs of life.

The dictionary defines “support” as a “thing that bears the weight of something and keeps it upright.” We think that is what Women of NVHC can offer to you. We want Women of NVHC to be a place where friends become family. We are a community, a place to feel like you belong. A place to gather and share food, laugh, and talk, and a place to catch you when you need to cry. We can be all these things, and we want you to join us. With all of us, we will help NVHC continue to be a thriving, giving, warm, and friendly place.

Our new Board was installed at our end of year brunch on June 9. We had a tremendous turnout for this great event! The event, the food, and the networking were a huge success. We are planning more exciting events for the coming year, and we want you to be a part of our gatherings.

Our membership drive kicks off in August, but we welcome new members throughout the year. Whether you are new to the community or a long-time resident, we welcome you to join us.

We are an inclusive community for all NVHC women – married, partnered, single, divorced, or widowed – with or without children – Jewish and non-Jewish – we want to welcome you all to our thriving group! We hope you’ll take advantage of all we have to offer and become an integral part of our vibrant and supportive community. And, if you are a new NVHC member, we welcome you with one year of free membership to our Women of NVHC group!

We invite all of you to join us to further our mission of promoting camaraderie, *esprit de corps*, spirituality, and participation in *tikkun olam*. We support one another, our Temple, and our extended community through a variety of activities and with acts of *chesed* (loving kindness). We are always looking for innovative ways to offer opportunities and events that will encourage celebrating, learning, and giving to all women of NVHC. Please do not hesitate to contact us with an idea, an interest, or a new way to make connections; we welcome your thoughts and help in developing new opportunities. Now is the time to join us and become a part of our community.

Members receive weekly emails on Monday mornings to learn about our activities. Here are some of the things you can look forward to!

- Chocolate & Champagne October membership event – Not to be missed!
- Book discussions
- Small group gatherings at area restaurants – Try new places and foods!

- Mah Jongg Tournament!
- Membership gatherings (winter and spring)
- Cooking Up Camaraderie fundraiser (small gatherings in members’ homes)
- Women’s Seder – One of our signature events!
- *Tikkun Olam* projects (e.g., volunteering at Women Giving Back)
- Knitting and crocheting group – Makes donations for various groups

You get all this and more for your yearly dues. Our funds go to subsidize our activities and to support NVHC through donations (e.g., camp scholarship program, school programs, gifts for *B’nai Mitzvah* and Confirmation students, and congregational engagement such as social events).

We have a dedicated Board and group of committee Chairs who are creating a dynamic calendar for the upcoming year. Join the Women of NVHC; make deep and lasting connections, and feel the warmth and support of belonging to this great group of women. We are here to support you! We look forward to welcoming you to our activities soon!

L’shalom,
Peggy Nelson and Marsha Sheinman
Women of NVHC Co-Presidents

Questions or Ideas? Please Email us at WomenofNVHCPresident@NVHCreston.org.

WE THANK OUR GENEROUS CONTRIBUTORS

**Adam Levine Camp
Scholarship Fund**

Lisa Denny

Don and Nell Hirsch...in memory of
Edith Furman

Mitch and Abbe Pascal...in memory of
Sharon Schwartz, Goldie Stearman

Avodah (Worship) Fund

Susan Trivers...in memory of
Adolphus O. Ukoh

Howard and Carolyn Wesoky...
in memory of Adolphus Ukoh

Cantor's Discretionary Fund

Robin and Steve Dulman

Eric and Bess Eisenstadt

Mitch and Jack Isaacs...
in memory of Carol Isaacs

Nancy and Helen Kruger...
in memory of Nathan Jackson Bell

Norman Reich...in memory of
Ellen Reich

Karen and Marvin Singer...
in thanks to Cantor Caro for her help

Doris Weisman...in honor of the 5784
Adult B'nai Mitzvah Class

Stu Williger

Chesed (NVHC Cares) Fund

Anonymous...in memory of Nate Bell

David and Ellen Brewer...
in support of the Chesed program

Ed and Sandee Byrne...
in memory of Nathan Bell

Andy and Susan Cohen...in memory
of Nathan Jackson Bell; in memory
of Adolphus O. Ukoh

Linda Disselkamp ...in support of the
Chesed program

Dawn Duman and Ryan Buckner...
in support of the Chesed program

Eric and Bess Eisenstadt...
in support of the Chesed program

Bob Fenster and Alison Behar...
in support of the Chesed program

Robert and Shirley Finkelstein...
in memory of Samuel Silbovitz

Eric and Karen Forman... in support
of the Chesed program; in memory of
Nathan Bell

Mort and Deborah Goldstrom...
in memory of Nathan Jackson Bell; in
memory of Adolphus O. Ukoh

Don and Nell Hirsch...in memory of
Nathan Jackson Bell; in memory of Adol-
phus Ukoh

David and Meryl Hirschland...
in memory of Nathan Jackson Bell

Carol Isaacs...in memory of
Nathan Jackson Bell

Larry and Liz Katzman...
in memory of Nathan Jackson Bell

Lee Klein...in memory of
Nathan Jackson Bell

Jim and Michelle Kranzberg...
in memory of Nathan Bell

Nancy and Helen Kruger...
in memory of Nathan Jackson Bell

Andy and Elizabeth Lacher...
in memory of Adolphus O. Ukoh

Mike and Tanya Langlois...
in support of the Chesed program

Ken and Kathy Laskey...
in memory of Nathan Jackson Bell

Kevin and Vicki Luman...
in support of the Chesed program;
in memory of Nathan Bell

Risa and Brad May...
in support of the Chesed program

Deb and Neil Meland...in memory of
Nathan Jackson Bell

Frank and Gretchen Newman...
in support of the Chesed program

Ellyn Krause-Pontell and David Pontell...
in memory of Nathan Jackson Bell

Ellen and Richard Ranard...
in memory of Nathan Jackson Bell

Libby and Pete Robbins...
in memory of Nathan Jackson Bell

Seymour Samuels...in memory of
Linda Samuels; in honor of the
Caring Committee

Joanne Schamest and Ron Wallos...
in memory of Nathan Jackson Bell

Barbara and Rick Schatz...
in memory of Nathan Jackson Bell

Joyce and Oliver Schueftan...
in memory of Sylvia Gasperow

Karen Seidenberg... in support of the
Chesed program

Sy and Roberta Sherman...
in memory of Nathan Jackson Bell

Marsha Sheinman...
in support of the Chesed program

Karen and Marvin Singer...in memory
of Nate Bell; in thanks to the Caring
Committee

Joel and Renee Slutsky...in memory of
Lillian Blumenberg

Arnie and Natalie Small...in honor of
David and Carola Hettler

Helen Smith... in support of the Chesed
program

Andrew Stein and Kim Arnstine...
in memory of Adolphus Ukoh

Phyllis Stein... in support of the Chesed
program; in memory of Nathan Bell

Carl and Marsha Swerdloff...
in memory of Rose Swerdloff

Jane Torman... in support of the Chesed program

Susan Trivers... in support of the Chesed program; in memory of Nathan Jackson Bell

Stuart Turnansky...in support of the Chesed program

Susan Warshaw...in memory of Nathan Bell

Stu Williger...in support of the Chesed program; in thanks to Sy & Roberta Sherman and Fay & Ken Gubin for the care meals

Ralph and Miriam Wolman...in memory of Nathan Bell; in memory of Adolphus O. Ukoh

Feldman Rubinoff Engagement Fund

Linda Disselkamp...in memory of Elaine Elias

Hiddur Mitzvah (Beauty) Fund

Seymour Samuels...in memory of Linda Samuels, Anne Berg, and Evelyn Solin

Kehillat Limmud (Religious School) Fund

Don Copley...in memory of Earl Copley

Robert and Shirley Finkelstein...in honor of Ellen Rugel's Bat Mitzvah; in memory of Rebecca Silbovitz

Andy and Elizabeth Lacher... in honor of the Confirmation Class of 5784

Memorial Plaque Fund

Paul Holtberg...in memory of Paulette B. Peltz

Robert and Eileen Stein... in memory of Patricia Stein

Na'arim (Youth Engagement & Scholarships) Fund

Alan Dappen and Sara Scherr... in memory of Merle S. Scherr

Isabel Einzig...in memory of Jacob Einzig Pyles, Risa Einzig Pyles

Andy and Elizabeth Lacher... in memory of Samuel Coen

Natalie and Arnie Small... in memory of Harvey M. Mand

NVHC General Fund

Michael and Mary Bloom...in memory of Franklin Vorschirm, Ruth Wilson

David and Ellen Brewer... in memory of Vicki Kalfus

David and Ruth Goldberger

Edward Goldman...in memory of Nancy Goldman

Andrea and Justin Hayes...in memory of Harry Steinberger, Ken Hayes, Annette Steinberger

Salo Herman and Debra Goodman-Herman...in memory of Abe Goodman

Don and Nell Hirsch

Joe Miller and Martha Kimes... in memory of Nathan Jackson Bell

Andy and Elizabeth Lacher... in memory of Jon Thompson

Marcia McDevitt...in memory of Len W. Pettitt

Howard and Heidi Mitnick...in memory of Frances Herbst and Minna Schweid

David Pontell and Ellyn Krause-Pontell... in memory of Lillian Blumenberg

Meryl Ram...in memory of Evelyn Ram

Allan and Barbara Ratner...in honor of Ellen Rugel becoming a Bat Mitzvah

David and Caryn Saine

Seymour Samuels...in memory of Seymour Samuels, Jr.

Tina and Lee Sheller...in honor of Nell Hirsch's special birthday

Stacy Smith

Carl and Marsha Swerdloff...in memory of Dora Koppelman, Rose Swerdloff, Harry Swerdloff

Eleonora Tarasova...in memory of Furman Gregory

Mark Tauber...in memory of Jean Tauber
Patrick and Kristen Towbin

Max and Marlene Wald...in memory of Maxwell Kushner

Sam and Evelyn Wilson...in memory of Milly Boehm

Oneg Sponsor Fund

Ed and Sandee Byrne...in celebration of Sandee's special birthday

The Gordon/Livingston Family... in celebration of Tabitha becoming a Bat Mitzvah

Andy and Elizabeth Lacher...in celebration of their 38th Wedding Anniversary

The Ruiz Family...in celebration of Asher becoming a Bar Mitzvah

Steven Stoller...in celebration of the wedding of Kathianne Smith and Steven Stoller

Rabbi's Discretionary Fund – Rabbi Barrett

Eric and Bess Eisenstadt

Paul Holtberg...in memory of Paulette B. Peltz

Meryl Ram...in honor of Rabbi Barrett

Seymour Samuels...in memory of Linda Samuels

Sandra and Stephen Snyder...in honor of Abby Snyder

The Stein Family...in thanks for the support given to Jake Stein, and in honor of the Confirmation Class of 5784: Sam Bercher, Sarah Brodie, Zoe Cheres, Elyssa Kramer, Ella Sleeper, Jake Stein, Amanda Watanabe

Howard and Carolyn Wesoky...in thanks to Rabbi Barrett for her assistance to the Marinow/Wesoky family

Stu Williger...in thanks to Peggy Nelson for her assistance

TZEDAKAH

Rabbi's Discretionary Fund – Rabbi Gold

Esther and Allan Berg...in memory of
Minnie Cohen Goldstein

Eric and Bess Eisenstadt

Leslie and Marcia Platt...in memory of
Ethel Berman

Karen and Marvin Singer...
in appreciation of Rabbi Gold's help

Roz Stark...in memory of Gloria Sitzman

Phyllis Stein...in memory of
Lillian Blumenberg

Stu Williger...in thanks to Rabbi Gold for
her assistance

Rabbi's Discretionary Fund – Rabbi Holzman

Eric and Bess Eisenstadt

Nell and Don Hirsch...in thanks for the
Yom Ha'Zikaron and Yom Ha'atzmaut
Remembrance and Celebration event

Carol Isaacs...in memory of
Lillian Blumenberg

Seymour Samuels...in memory of
Linda Samuels

Karen and Marvin Singer...in thanks to
Rabbi Holzman for his help

Phyllis Stein...in memory of Robert Stein

Carl and Marsha Swerdloff...
in memory of Harry Swerdloff

Fredda Weinberg Pribish...
in memory of Steve Weinberg

Stu Williger

Seldon and Ruth Kruger Distinguished Speaker Series Fund

Amy Becker

Chad Ackley and Ida Brudnick

Gail and Richard Dezube...
in memory of Miriam Dezube

Eric and Bess Eisenstadt

Eric and Karen Forman...in honor of
Ellen Rugel becoming a Bat Mitzvah

Michael Hendler

Paul Hess and Geraldine Welikson

Carol Isaacs

Carles and Barbara Leven

Michele Probst

Ruth Ruttenberg...in memory of
Bessie Spitz, Alan P. Spitz, Jack Spitz,
Jeffrey Smith, Ken Ruttenberg

Emily Sachs

Seymour Samuels

Karen and Marvin Singer...
in memory of Sidney Blumenberg

Carl and Marsha Swerdloff

Nina Zaretsky

Shirah (Choir & Music) Fund

Ed and Sandee Byrne...in memory of
Dan Smith

Robert and Shirley Finkelstein...
in memory of David Finkelstein

Cindy and Rich Michelson...
in memory of David Sproull

Barbara and Rick Schatz...
in memory of Harry Steinberger;
in honor of Mike Langlois

Sy and Roberta Sherman...in memory of
Carol Isaacs and Lillian Blumenberg

Talmud (Adult Learning) Fund

Vivian Baltz...in memory of
Lillian Blumenberg

David and Ellen Brewer...
in memory of Lillian Blumenberg

Ed and Sandee Byrne...
in memory of Lillian Blumenberg

Robert and Shirley Finkelstein...
in memory of Lillian Blumenberg

Evelyn Katz...in memory of
Lillian Blumenberg

Lee Klein...in memory of
Lillian Blumenberg

Nancy and Helen Kruger...
in memory of Lillian Blumenberg

Andy and Elizabeth Lacher...
in memory of Lillian Blumenberg

Kathy and Ken Laskey...
in memory of Lillian Blumenberg

Mark and Judi Ornoff...
in memory of Lillian Blumenberg

Leslie and Marcia Platt...
in memory of Lillian Blumenberg

Michele Probst...in memory of
Lillian Blumenberg

Barbara and Allan Ratner...
in memory of Lillian Blumenberg

Norman Reich and Margaret Controneo...
in memory of Lillian Blumenberg

Henry and Merrell Renaud...
in memory of Theodore Gerstein Green

Alan and Susan Shapiro...
in memory of Lillian Blumenberg

Abbey and Stephen Siciliano...
in memory of Lillian Blumenberg

Anita Singer...in memory of
Lillian Blumenberg

Arnie and Natalie Small...
in memory of Lillian Blumenberg

Roz Stark...in memory of
Lillian Blumenberg

Ron Wallos and Joanne Schamest...
in memory of Lillian Blumberg

Doris Weisman...in honor of the 5784
Adult B'nai Mitzvah Class

Edna and Don Weitzman...
in memory of Lillian Blumenberg

Evelyn and Sam Wilson...
in memory of Lillian Blumenberg

Ralph and Miriam Wolman...
in memory of Lillian Blumenberg

Tikkun Olam (Social Action) Fund

Anonymous

Harvey and Janice Berger

Steffanie Bergman and Ron Goodes

Ellen and David Brewer...
in memory of Jerome Cohen

Cindy and Henry Brownstein...
in memory of Shirley Sayare

Jeff and Tracy Dlott

Eric and Bess Eisenstadt

Robert and Shirley Finkelstein...
in memory of Deborah Finkelstein

Bob Fenster and Alison Behar

Lisa Folb

Debbie and Elliott Friedman

Ellen Goldman and Mitch Robinson

Deborah and Mort Goldstrom...in mem-
ory of Lillian Blumenberg, Jack Kuttin,
Jane Goldstrom

Jon Groisser and Hana Newcomb

Evan Gross

Jordan Gross and Erin Allen

Don and Nell Hirsch

Emily Hummel

Michael and Candy Kleinrock

Ken and Kathy Laskey

Brand and Risa May

Robyn and John Mehlenbeck

Peggy Nelson

Frank and Gretchen Newman

Jeff and Mary Ann Ressin

Jim and Laura Rose

Kris Rose and Michael Berkow

Ellen and Robert Rugel

Sam and Lisa Schwall

Marsha and Rachael Sheinman...
in memory of Joseph E. Sheinman

Arnie and Natalie Small

Helen Smith

Larry Snowwhite...in memory of Harry
Black and Sarah Black

Roz Stark...in memory of Esther Gromet,
Peter Sitzman

Andrew Stein and Kim Arnstine...
in honor of Emily and Natalie Nossal's
B'not Mitzvah

Carl and Marsha Swerdloff...in memory
of Dora Koppelman

Max and Marlene Wald...in memory of
Ruth Kushner

Sam and Evelyn Wilson...in honor of the
Social Action Committee

Nina Zaretsky

Laura and Carl Zelman

Yeladim (Early Childhood) Fund

Dornfeld Family...in memory of Sylvia
Berman

LIFE-CYCLE EVENTS**MAZEL TOV**

To Rebecca Kalant-Kelling and Adam
Ressa, on the birth of their son, Levi
Kalant Ressa, on May 28, 2024

To John Roberts and Mimi
Kramer-Roberts, on the birth of
their granddaughter, Waliyah, on
June 13, 2024

To Ian and Joanna Blake, on the birth
of their son, Emerson Wells Blake, on
June 19, 2024

CONDOLENCES

To Cantor Susan Caro, on the death of
her dear friend, Lewis Wiener

To Marni Bell, and also to Cantor
Susan Caro and John Lertzman, on the
death of her husband/their son-in-law,
Nathan Jackson Bell

To Stu Williger, on the death of his
aunt, Lily Williger

To Karen (Marvin) Singer, on the death
of her mother, Lillian Blumenberg

To Jack and Mitchell Isaacs, on the
death of their mother, Carol Isaacs

To Michael and Barbara Sproull, on
the death of their son, David Sproull

To Ellen (Jon) Wesoky, on the death of
her father, Edward Marinow

To Alex Ukoh, on the death of his
brother, Adolphus O. Ukoh

To the Merin family, on the death
of their father/grandfather, Fred
Rothwarf

To Ellice Kark, on the death of her
brother, Andrew Seiden

Submit your life-cycle events by phone to: 703-437-7733, or Email to: mozelle@nvhcreston.org



NORTHERN VIRGINIA
HEBREW CONGREGATION

1441 Wiehle Ave | Reston, VA 20190

NVHC HIGH HOLY DAYS SERVICES SCHEDULE – 2024

Rosh Hashanah

October 2

8:00pm - Erev Rosh Hashanah Service

October 3

9:00am – Young Family Service (suggested through 2nd grade)

10:30am - Morning Service

3:30pm - Shofar & Tashlich Service

Yom Kippur

October 11

8:00pm - Kol Nidre Service

October 12

9:00am – Young Family Service
(suggested through 2nd grade)

10:30am - Morning Service

1:45pm - Afternoon Study

3:30pm - Afternoon Service

5:00pm – Yizkor Service

6:00pm – Neilah Service

